CAL ACE NURSING ACADEMY | NAC#7118

CONTINUING EDUCATION UNITS

In-Service / In-Person Class Schedule 2026

NO.	TOPIC NAME	HOURS	CLASS DATES	
1	Alcohol Use Disorder	3	Sat 6/27	Tue 9/22
2	Alzheimer's Disease and Dementia	3	Sat 6/27	Tue 9/22
3	Basic Leadership for Nursing Assistant/HHA	3	Tue 6/23	Sat 9/26
4	Brain and Spinal Cord Injuries	3	Sun 6/28	Sat 9/26
5	COPD – Chronic Obstructive Pulmonary Disease	3	Sun 6/28	Sat 10/3
6	Caring a Client with Coronary Artery Disease	3	Tue 6/30	Tue 9/29
7	Caring for a Client with Stroke	3	Tue 6/30	Tue 9/29
8	Caring for a Client on Complete Bed Rest	3	X	Sat 10/3
9	Caring for a Client with Hearing Impairment	3	X	Tue 10/6
10	Caring for a Patient Diagnosed with Asthma	3	Tue 7/7	Tue 10/6
11	Caring for a Patient with Vascular Disorders	3	Tue 7/7	Sat 10/10
12	Caring for a Patient with a History of Alcohol Abuse	3	Sat 7/11	Sat 10/10
13	Caring for a Resident with Autism Spectrum	3	Tue 6/23	Tue 10/13
14	Caring for a Client with Depression	3	Sat 7/11	Tue 10/13
15	Chronic Kidney Disease	3	Sun 7/12	Sat 10/17
16	Diabetes and Complications of Diabetes	3	Sun 7/12	Sat 10/17
17	Diabetes Management for Elderly Clients	3	Tue 7/14	Tue 10/20
18	Domestic Violence and Elder Abuse	3	Tue 7/14	Tue 10/20
19	Epilepsy and Seizures	3	Sat 7/18	Sat 10/24
20	Helping Clients with Self-Administration of Medication	3	Sat 7/18	Sat 10/24
21	Helping Residents with Personal Hygiene	3	Sun 7/19	Tue 10/27
22	Hepatitis A, B, and C	3	Sun 7/19	Tue 10/27
23	HIPAA Rules and Regulations	3	Tue 7/21	X
24	HIV and AIDS	3	Tue 7/21	X
25	How to Handle Basic Medical Emergencies	3	Sat 7/25	Tue 11/3
26	Human Anatomy for CNA's and HHA's	3	Sat 7/25	Tue 11/3
27	Infection Control in the Healthcare Setting	3	Sun 7/26	X
28	Infectious Diseases – Symptoms and Causes	3	Sun 7/26	X
29	Learning CPR Skills	3	Tue 7/28	Tue 11/10
30	Managing Anger in the Workplace	3	Tue 7/28	Tue 11/10
31	Measuring and Recording Blood Pressure	3	Sat 8/1	Sat 11/14
32	LGBTQ+ Terminology: Understanding and Differentiating Key Concepts	3	Sat 8/1	Sat 11/14
33	Medical Record Documentation and Legal Aspects	3	Tue 8/4	Tue 11/17
34	Methicillin-Resistant Staphylococcus Aureus	3	Tue 8/4	Tue 11/17
35	Multiple Sclerosis and Its Common Symptoms	3	Sat 8/8	Sat 11/21
36	Nutrition Basics and Feeding the Patient	3	Sat 8/8	Sat 11/21
37	OSHA and Your Workplace Safety	3	Tue 8/11	Tue 11/24
38	Personality Behavior and Complications of Alzheimer's Disease	3	Tue 8/11	Tue 11/24
39	Physiology and Body Systems	3	Sat 8/15	Sat 11/28
40	Pneumonia – Symptoms and Causes	3	Sat 8/15	Sat 11/28
41	Pressure Sores and Prevention	3	Tue 8/18	Tue 12/1
42	Preventing Falls and the Use of Restraints	3	Tue 8/18	Tue 12/1
43	Rheumatoid Arthritis Pain	3	Sat 8/22	Sat 12/5
44	Risk Factors of Type 1 and 2 Diabetes and Prevention	3	Sat 8/22	Sat 12/5
45	Risks and Dangers of Hypertension	3	Tue 8/25	Tue 12/8
46	Alcohol Use Disorder: What It Is, Risks & Treatment	3	Tue 8/25	Tue 12/8
47	Staying Updated with Coronavirus	3	Sat 8/29	Sat 12/12
48	Symptoms, Causes, and Prevention of Dysphagia	3	Sat 8/29	Sat 12/12
49	Symptoms, Causes, Complications, and Prevention of Asthma	3	Tue 9/1	Tue 12/15
50	Vital Signs: Reading and Recording Respirations	3	Tue 9/1	Tue 12/15

CONTINUING EDUCATION UNITS

In-Service / In-Person Class Schedule 2026

NO.	TOPIC NAME	HOURS	CLASS DATES	
NEWLY ADDED TOPICS:				
51	Addressing Sexual Harassment in Healthcare Settings	3	Sat 9/5	Sat 12/19
52	Bloodborne Pathogens and Essential Infection Control Practices	3	Sat 9/5	Sat 12/19
53	Cultural Sensitivity Training for Diverse Healthcare Environments	3	Tue 9/8	
54	Productive Work Ethics of a CNA in the Workplace Scenario	3	Tue 9/8	
55	Psychological Impact of Elder Abuse	3	Sat 9/12	
56	Range of Motion Techniques for Knee and Ankle Care	3	Sat 9/12	
57	Range of Motion Techniques for Shoulder Mobility	3	Tue 9/15	
58	Safe Body Mechanics and Resident Transfers	3	Tue 9/15	
59	Safeguarding Against False Allegations in Caregiving	3	Sat 9/19	
60	Supporting Residents with Crutches, Canes, and Walkers	3	Sat 9/19	

IMPORTANT REMINDERS

- **Class Structure:** Each 3-CEU class is 3 hours long. Classes typically commence at 1:00 PM and include a brief intermission and a 22-item multiple-choice course quiz.
- **Attendance:** These classes are subject to cancellation or postponement due to low attendance. Please consult the official calendar before attending.
- **Documentation:** Bring your own copy of the most recent Form 283A sent by the state; the school will not provide copies.
- **Accountability:** It is the CNA participant's responsibility to verify the schedule and ensure they do not attend courses they have already completed.
- **Disclaimer:** CEU titles and dates are subject to change without prior announcement.

2026 CONTINUING EDUCATION UNITS - IN-SERVICE - IN PERSON CLASSES

1	Alcohol Use Disorders	3	Sun	12/14	Sat	2/28	Sun	4/26
2	Alzheimer's Disease And Dementia	3	Sun	12/14	Sat	2/28	Sun	4/26
3	Basic Leadership For Nursing Assistant/Health Aide	3	Sat	12/20	Sun	3/1	Tue	4/28
4	Brain And Spinal Cord Injuries	3	Sat	12/20	Sun	3/1	Tue	4/28
5	Caring A Client With Coronary Artery Disease	3	Sun	12/21	Tue	3/3	Sat	5/2
6	Caring A Patient With Stroke	3	Sun	12/21	Tue	3/3	Sat	5/2
7	Caring For A Client On Complete Bed Rest	3	Sat	X	Sat	3/7	Sun	5/3
8	Caring For A Client With Hearing Impairment	3	Sat	X	Sat	3/7	Sun	5/3
9	Caring For A Patient Diagnosed With Asthma	3	Sun	X	Sun	3/8	Tue	5/5
10	Caring For A Patient With A History Of Alcohol Abuse	3	Sun	X	Sun	3/8	Tue	5/5
11	Caring For A Patient With Cardiovascular Disorders	3	Sat	1/3	Tue	3/10	Sat	5/9
12	Caring for a Resident with Autism Spectrum	3	Sat	1/3	Tue	3/10	Sat	5/9
13	Caring Of A Client With Depression	3	Sun	1/4	Sat	3/14	Sun	5/10
14	Chronic Kidney Disease	3	Sun	1/4	Sat	3/14	Sun	5/10
15	COPD – Chronic Obstructive Pulmonary Disease	3	Sat	1/10	Sun	3/15	Tue	5/12
16	Diabetes and Complication of Diabetes	3	Sat	1/10	Sun	3/15	Tue	5/12
17	Diabetes Management For Elderly Clients	3	Sun	1/11	Tue	3/17	Sat	5/16
18	Domestic Violence And Elder Abuse	3	Sun	1/11	Tue	3/17	Sat	5/16
19	Epilepsy And Seizures	3	Tue	1/13	Sat	3/21	Sun	5/17
20	Helping Clients With Self-Administration Of Medications	3	Tue	1/13	Sat	3/21	Sun	5/17
21	Helping Residents With Personal Hygiene	3	Sat	1/17	Sun	3/22	Tue	5/19
22	Hepatitis A, B, And C	3	Sat	1/17	Sun	3/22	Tue	5/19
23	HIPAA Rules And Regulations	3	Sun	1/18	Tue	3/24	Sat	5/23
24	HIV and AIDS	3	Sun	1/18	Tue	3/24	Sat	5/23
25	How To Handle Basic Medical Emergencies	3	Sat	1/24	Sat	3/28	Sun	X
26	Human Anatomy For CNA's And HHA's	3	Sat	1/24	Sat	3/28	Sun	X
27	Infection Control in the Healthcare Setting	3	Sun	1/25	Sun	3/29	Tue	5/26
28	Infectious Diseases - Symptoms and Causes	3	Sun	1/25	Sun	3/29	Tue	5/26
29	Learning CPR Skills	3	Tue	1/27	Tue	3/31	Sat	5/30
30	Managing Anger In The Workplace	3	Tue	1/27	Tue	3/31	Sat	5/30
31	Measuring And Recording Blood Pressure	3	Sat	1/31	Sat	4/4	Sun	5/31
32	Medical Errors Reductioun and Prevention	3	Sat	1/31	Sat	4/4	Sun	5/31
33	Medical Record Documentation And Legal Aspects	3	Sun	2/1	Sun	X	Tue	6/2
34	Methicillin-Resistant Staphylococcus Aureus Infections	3	Sun	2/1	Sun	X	Tue	6/2
35	Multiple Sclerosis and its Common Symptoms	3	Sat	2/7	Tue	4/7	Sat	6/6
36	Nutrition Basics And Feeding The Patient	3	Sat	2/7	Tue	4/7	Sat	6/6
37	OSHA And Your Workplace	3	Sun	X	Sat	4/11	Sun	6/7
38	Personality Behavior & Complications Of Alzheimer's Disease	3	Sun	X	Sat	4/11	Sun	6/7
39	Physiology and Body Systems	3	Tue	2/10	Sun	4/12	Tue	6/9
40	Pneumonia- Symptoms and Causes	3	Tue	2/10	Sun	4/12	Tue	6/9
41	Pressure Sores and Prevention	3	Sat	X	Tue	4/14	Sat	6/13
42	Preventing Falls And The Use Of Restraints	3	Sat	X	Tue	4/14	Sat	6/13
43	Rheumatoid Arthritis Pain	3	Sun	X	Sat	4/18	Sun	6/14
44	Risk Factors of Type and Type Diabetes and Prevention	3	Sun	X	Sat	4/18	Sun	6/14
45	Risks and Danger of Hypertension	3	Sat	2/21	Sun	4/19	Tue	6/16
46	Risks and Treatment of Alcohol Use Disorder	3	Sat	2/21	Sun	4/19	Tue	6/16
47	Staying Updated With Coronavirus	3	Sun	2/22	Tue	4/21	Sat	6/20
48	Symptoms,Causes and Prevention Of Dysphagia	3	Sun	2/22	Tue	4/21	Sat	6/20
49	Symptoms,Causes, Complications and Prevention of Asthma	3	Tue	2/24	Sat	4/25	Sun	X
50	Vital Signs: Reading and Recording Respirations	3	Tue	2/24	Sat	4/25	Sun	X